

7<sup>th</sup> December 2022

#### Jennifer Best

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A University of Kent Academies Trust School

Dear Parent/Carers

As the weather is starting to get colder, I wanted to write to you and update you on the policy and procedures for outdoor physical education. Indoor space for practical PE at the Academy is limited and therefore it is not always possible to conduct lessons indoors. It is paramount that students prepare themselves adequately for the weather conditions and as such, we require all students to come to their PE lesson with their full kit.

### **PE Uniform**

Full kit includes:

- Black PE t-shirt with embroidered Academy logo
- Black tracksuit pants with embroidered Academy logo
- Black leggings with Academy logo
- Black shorts plain
- Black sweatshirt/drill top with embroidered Academy logo
- Trainers/football boots

During lessons when the weather is cold, students are permitted to wear the following items for added protection against the cold:

- Wooley hat/beanie plain black
- Gloves plain black
- Thermal layers providing these are worn underneath the Academy PE kit and cannot be seen
- If for any reason your child does not have an Academy jumper/drill top then
  please ask them to speak to their PE teacher who will be able to provide them
  with a spare one to borrow for the lesson

### Reminders:

# PE kit days

Students are **only allowed** to wear their PE kit to school on the same day that they have their **core PE lessons**. Blazers are not to be worn with the PE kit.

If students have BTEC practical option lesson (Sport, Performing Arts or Dance), they will need to wear their full Academy uniform and will then be expected to change into their practical kit.

Any students who wear their PE kit or Dance kit on days that they do not have PE lessons





















will be sent home. Students will be expected to change into their full Academy uniform and then return to the Academy.

## Students unable to take part in PE

Any injured students will always be required to change out of their uniform, unless they are in a medical cast which prevents this. These students will be involved in supporting roles such as coaching, timing, and analysis and evaluation of performance.

## Forgotten kit or incorrect kit

Students who do not have PE kit in school or the wrong kit will be lent some from the spare PE clothing. However, they should always aim to have their own kit in school every day. If students do not have the correct kit or must borrow, they will receive a learning catch up.

### **Absence from PE**

Students are expected to take part in every PE lesson. A student's PE teacher will need a written note from a parent/carer if there are health-related reasons that prevents a child from taking part in physical exercise.

#### **Valuables**

Students should hand in all valuables to their teacher at the start of the lesson. If any valuables go missing, that have not been handed in, the PE department is not responsible for these items. The changing rooms are locked before the lesson begins and re-opened at the end of the lesson.

If a student is attending an after-school club, students should take their bags and valuables with them to the club and these should not be left in the changing rooms. Any belongings left in the changing rooms at after-school clubs, are left at your child's own risk.

I would be very grateful for your assistance in reminding your child to bring their correct PE kit to every PE lesson.

If you have any concerns regarding these issues, please do not hesitate to contact your child's PE teacher or myself at joshwebster@universityofkentacademiestrust.org.uk

Yours faithfully

Josh Webster

Deputy Subject Leader of PE



















