Yearly Overview

Subject: Year 8 Core PE Progression of knowledge:

- Mastering and Developing
- Understanding rules/tactics

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Prior knowledge:	Prior knowledge:	Prior knowledge:	Prior knowledge:	Prior knowledge:	Prior knowledge:
Year 7 Badminton -	Year 7 Rugby -	Year 7 Table Tennis	Year 7 Basketball -	Year 7 Athletics	Year 7 Rounders
developing the	developing the	- developing the	developing the	developing the	developing the
understanding of	understanding of	understanding of	understanding of	understanding of	understanding of
fundamental sport	fundamental sport	fundamental sport	fundamental sport	fundamental sport	fundamental sport
specific skills – serves,	specific skills –	specific skills – serves,	specific skills –	specific skills –	specific skills –
clears, drop shots and	passing, receiving,	push, drive.	passing, receiving,	running, jumping,	running, batting,
smash.	running with the ball,	Fundamental racket	dribbling, shooting,	throwing, etc	fielding bases,
Fundamental racket	scoring, defending.	sport concepts – grip,	defending.	Fundamental athletics	throwing, catching,
sport concepts – grip,	Year 7 football -	stance, ready	Fundamental invasion	concepts – follow	bowling
stance, ready	developing the	positions, forehand,	games concepts –	through, transfer of	Fundamental striking
positions, forehand,	understanding of	backhand.	creating space,	weight, angle of	and fielding concepts
backhand.	fundamental sport		attacking, defending.	release.	– follow through,
	specific skills –			Year 7 Cricket	direction of batting,
	passing, receiving,			developing the	communication, type
	dribbling, shooting,			understanding of	of bowl.
	defending.			fundamental sport	Year 7 Tennis
	Fundamental invasion			specific skills –	- developing the
	games concepts –			running, batting,	understanding of
	creating space,			fielding, throwing,	fundamental sport
	attacking, defending.			catching, bowling	specific skills – serves
				Fundamental striking	forehand, back,
				and fielding concepts	backhand, volley.
				 – follow through, 	Fundamental racket
				direction of batting,	sport concepts – grip,
				communication.	stance, ready

					positions, forehand, backhand.
Term 1 knowledge	Term 2 knowledge	Term 3 knowledge	Term 4 knowledge	Term 5 knowledge	Term 6 knowledge
Term 1 knowledge This term: Handball - developing the understanding of advanced sport specific skills – passing, receiving, dribbling, shooting, defending. Advanced invasion games concepts – creating space, attacking, defending, pattern of play. Netball - developing the understanding of advanced sport specific skills – passing, receiving, shooting, defending. Advanced invasion games concepts – creating space, attacking, defending. Advanced invasion games concepts – creating space, attacking, defending, pattern of play. Badminton - developing the understanding of advanced sport specific skills – serves,	Term 2 knowledge This term: Football – developing the understanding of advanced sport specific skills – passing, receiving, dribbling, shooting, defending. Advanced invasion games concepts – creating space, attacking, defending, pattern of play. Rugby developing the understanding of advanced sport specific skills – passing, receiving, running with the ball, scoring, defending. Advanced invasion games concepts – creating space, attacking, defending.	Term 3 knowledge This term: Table Tennis - developing the understanding of advanced sport specific skills – serves, push, drive. Advanced racket sport concepts – grip, stance, ready positions, forehand, backhand. Tchoukball - developing fundamental sport skills due to no previous experience in the sport, however students should be able to take skills from handball and transfer them into Tchoukball. - Dribbling, shooting, passing, attacking and defending. Advanced invasion games concepts – creating space, attacking, defending.	Term 4 knowledge This term: Basketball - developing the understanding of advanced sport specific skills – passing, receiving, dribbling, shooting, defending. Advanced invasion games concepts – creating space, attacking, defending. Hockey - developing the understanding of advanced sport specific skills – passing, receiving, dribbling, shooting, defending. Advanced invasion games concepts – creating space, attacking, defending, defending. Advanced invasion games concepts – creating space, attacking, defending, pattern of play.	Term 5 knowledge This term: Athletics developing the understanding of advanced sport specific skills – running, jumping, throwing, etc. Advanced athletics concepts – follow through, transfer of weight, angle of release. Cricket developing the understanding of advanced sport specific skills – running, batting, fielding, throwing, catching, bowling. Advanced striking and fielding concepts – follow through, direction of batting, communication.	Term 6 knowledge This term: Rounders developing the understanding of advanced sport specific skills – running, batting, fielding bases, throwing, catching, bowling. Advanced striking and fielding concepts – follow through, direction of batting, communication, type of bowl. Tennis - developing the understanding of advanced sport specific skills – serves, forehand, back, backhand, volley. Advanced racket sport concepts – grip, stance, ready positions, forehand, backhand.
clears, drop shots and smash, tactical understanding.					

Advanced racket sport concepts – grip, stance, ready positions, forehand, backhand.						
Future Knowledge: Lessons will be based on games for understanding approach building on the tactical understandings and skills learnt in year 8, to provide students with a greater tactical awareness of the sport. The sports selected for each class are based on the season. Terms 1-2 will include winter sports and Term 5 and 6 will be summer sports.						