

## Yearly overview

### Subject: Year 9 Personal and Professional Development

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Prior Knowledge: <b>Health</b> Pupils will have previously explored their <b>understanding of risk</b> relating to <b>drugs and alcohol misuse</b> and peer pressure. They will build on their knowledge of first aid, how to deal with allergic and asthmatic reactions.</p>	<p>Prior Knowledge: <b>Living in the Wider World</b> Pupils will have previously learnt about <b>Equality of opportunity in careers</b> and life choices, and <b>different types and patterns of work</b></p>	<p>Prior Knowledge: <b>Relationships</b> Pupils will have previously learnt about discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p>Prior Knowledge: <b>Relationships</b> Pupils will have previously learnt about <b>identity and relationships</b>, gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception</p>	<p>Prior Knowledge: <b>Health</b> Pupils will have previously learnt about <b>mental health</b> and <b>emotional wellbeing</b>, including body image and coping strategies</p>	<p>Prior Knowledge: <b>Living in the Wider World</b> Pupils will have previously learnt about <b>digital literacy</b>, Online safety, digital literacy, media reliability, and gambling hooks</p>
Term 1 knowledge	Term 2 knowledge	Term 3 knowledge	Term 4 knowledge	Term 5 knowledge	Term 6 knowledge
<p>This term: This term pupils will explore issues around <b>peer influence, substance use and gangs</b>, healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation.</p>	<p>This term: This term pupils will examine their career <b>goals</b> as part of the GCSE options process.</p>	<p>This term: This term pupils will explore aspects of <b>respectful relationships</b>, conflict resolution, and relationship changes.  They will explore issues around diversity, prejudice and discrimination.</p>	<p>This term: This term pupils will explore aspects of <b>intimate relationships</b>, consent, contraception, the risks of STIs, and attitudes to pornography.</p>	<p>This term: This term pupils will develop their study of <b>healthy lifestyles</b>, diet, exercise, lifestyle balance and healthy choices.</p>	<p>This term: This term pupils will develop critical thinking skills exploring how information online can be misleading or false. They will learn how to assess reliable sources of information.</p>
<p>Future Knowledge: The knowledge in term 1 links to the <b>exploration of influences</b> ( in Term 4 of year 10) and impact of drugs, gangs, role models and the media</p>	<p>Future Knowledge: The knowledge in term 1 links to <b>work experience</b> preparation for and evaluation of work experience and readiness for work (in Term 5 of year 10).</p>	<p>Future Knowledge: The knowledge in term 3 links to the exploration of <b>healthy relationships</b>, sex expectations, myths, pleasure and challenges, including the impact of the media and pornography</p>	<p>Future Knowledge: The knowledge in term 5 links to Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography.</p>	<p>Future Knowledge: The knowledge in term 4 links to study of <b>Mental health</b> (in Term 1 of year 10), ill health, stigma, safeguarding health, including during periods of transition or change</p>	<p>Future Knowledge: The knowledge in term 6 links to <b>Financial decision making (Term 2 of year 10)</b> The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>

**Relationship and Sex Education Curriculum**

Relationship and Sex Education lessons are planned in line with the statutory framework and guidance from the PSHE Association.

The resources are adapted from quality assured organisations, including PSHE Association and the CEOP.

Should you require any further information about the content of the RSE lessons please contact Kerry Loan via the school office.