

Yearly overview

Subject: Year 8 Personal and Professional Development

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<p>Prior Knowledge: Health</p> <p>Pupils will have previously learnt about transition and safety. As will explore issues that arise when starting secondary school and personal safety in and outside school, including knowledge of basic first aid, including how to perform a primary survey (DR SABC), the recovery position, CPR and AED</p>	<p>Prior Knowledge: Living in the Wider World</p> <p>Pupils will have previously learnt about developing skills and aspirations</p> <p>Careers, teamwork and enterprise skills, and aspirations.</p> <p>They will develop knowledge of Saving, borrowing, budgeting and making financial choices</p>	<p>Prior Knowledge: Relationships</p> <p>Pupils will have previously learnt about about diversity, prejudice, and bullying.</p>	<p>Prior Knowledge: Health</p> <p>pupils will have previously learnt about aspects of health and puberty.</p> <p>They will learn how to develop healthy routines and influences on personal health.</p>	<p>Prior Knowledge: Relationships</p> <p>Pupils will have previously learnt about building relationships</p> <p>They will explore how to build self-worth and about romance and friendships (including online) and relationship boundaries, unwanted contact, and FGM</p>	<p>Prior Knowledge: Equality and discrimination</p> <p>Pupils will have previously learnt about government, democracy and the rule of law.</p>
Term 1 knowledge	Term 2 knowledge	Term 3 knowledge	Term 4 knowledge	Term 5 knowledge	Term 6 knowledge
<p>This term: This term pupils will learn develop their understanding of risk relating to drugs and alcohol misuse and peer pressure. They will build on their knowledge of first aid, how to deal with allergic and asthmatic reactions.</p>	<p>This term: This term pupils will learn develop their understanding of Equality of opportunity in careers and life choices, and different types and patterns of work.</p>	<p>This term: This term pupils will further develop their understanding of bullying and discrimination in all its forms. including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p>This term: This term pupils will learn develop their knowledge and understanding of mental health and emotional wellbeing, including body image and coping strategies</p>	<p>This term: This term pupils will learn develop their understanding of identity and relationships, gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception</p>	<p>This term: This term pupils will learn develop their digital literacy, Online safety, digital literacy, media reliability, and gambling hooks.</p>
<p>Future Knowledge:</p> <p>The knowledge in term 1 links to the exploration of peer influence, substance use and gangs, healthy and unhealthy friendships, assertiveness, substance</p>	<p>Future Knowledge:</p> <p>The knowledge in term 2 links to the setting goals as part of the GCSE options process.</p>	<p>Future Knowledge:</p> <p>The knowledge in term 3 links to the respectful relationships, conflict resolution, and relationship changes.</p>	<p>Future Knowledge:</p> <p>The knowledge in term 4 links to the study of healthy lifestyles, diet, exercise, lifestyle balance and healthy choices.</p>	<p>Future Knowledge:</p> <p>The knowledge in term 5 links to the exploration of intimate relationships, consent, contraception, the risks of STIs, and attitudes to pornography.</p>	<p>Future Knowledge:</p> <p>The knowledge in term 6 links to the study of Employability skills</p> <p>Employability and online presence</p>

misuse, and gang exploitation.					
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Relationship and Sex Education Curriculum

Relationship and Sex Education lessons are planned in line with the DFE statutory framework and guidance from the PSHE Association.

The resources are adapted from quality assured organisations, including PSHE Association and the CEOP.

Should you require any further information about the content of the RSE lessons please contact Kerry Loan via the school office.