Yearly overview

Subject: Year 7 Personal and Professional Development:

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Prior Knowledge: Key Stage 2 Statutory Requirements	Prior Knowledge: N/A	Prior Knowledge: Key Stage 2 Statutory Requirements	Prior Knowledge: Key Stage 2 Statutory Requirements	Prior Knowledge: Key Stage 2 Statutory Requirements	Prior Knowledge: Previously pupils have explored British Values as part of their Key Stage 2
Term 1 knowledge This term: Health This term pupils will learn about transition and safety. As will explore issues that arise when starting secondary school and personal safety in and outside school, including knowledge of basic first aid.	Term 2 knowledge This term: Living in the Wider World This term pupils will learn about developing skills and aspirations Careers, teamwork and enterprise skills, and aspirations. They will develop knowledge of Saving, borrowing, budgeting and making financial choices.	Term 3 knowledge This term: Relationships This term pupils will learn about diversity, prejudice, and bullying. They will also learn about the British Values, human rights and equality.	Term 4 knowledge This term: Health This term pupils will learn about aspects of health and puberty. They will learn how to develop healthy routines and influences on personal health.	Term 5 knowledge This term: Relationships This term pupils will learn about building relationships They will explore how to build self-worth and about romance and friendships (including online) and relationship boundaries, unwanted contact, and FGM	Education Term 6 knowledge This term: This term pupils will learn about the British Values in particular democracy and the rule of law. They will learn how governments works, the voting system and different political parties.
Future Knowledge: The knowledge in term 1 links to the understanding of risk relating to drugs and alcohol misuse and peer pressure. They will build on their knowledge of first aid learning how to deal with allergic and asthmatic reactions.	Future Knowledge: The knowledge in term 2 links to the understanding of equality of opportunity in careers and life choices, and different types and patterns of work.	Future Knowledge: The knowledge in term 3 links to the understanding of discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.	Future Knowledge: The knowledge in term 4 links to future topic of mental health and emotional wellbeing , including body image and coping strategies	Future Knowledge: The knowledge in term 5 links to future topic of identity and relationships, g ender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Future Knowledge: The knowledge in term 6 links to future topic of digital literacy, online safety, media reliability, and gambling hooks. They will learn about Respect and tolerance ; critical thinking skills, how to debate and discuss controversial issues.

Relationship and Sex Education Curriculum

Relationship and Sex Education lessons are planned in line with the DFE statutory framework and guidance from the PSHE Association.

The resources are adapted from quality assured organisations, including PSHE Association and the CEOP.

Should you require any further information about the content of the RSE lessons please contact Kerry Loan via the school office.